

**FIFTH SUNDAY IN
ORDINARY TIME**
February 4, 2024



Serving the Missions of:

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**St. Gertrude the Great
Catholic Church**

Pastor: Fr. Dale Craig, S.O.L.T.
Parochial Vicar: Fr. Paul Grala, S.O.L.T.
Deacon Eloy Roybal: Director of Catechism/First Confession/First Holy Communion
Deacon Clarence Montoya: R.C.I.A
Danny Chavez: Director of Catechism/Confirmation
Administrative Assistant: Angelica Lujan
P.O. Box 599, Mora, New Mexico 87732
Phone: 575.387.2336
Office Hours: Monday — Thursday
10 am — 12 Noon, 1 pm — 3 pm
Website: www.stgertrudesmora.org
Email: stgertrudes.aa@gmail.com

Saturday & Sunday Masses

Weekday Masses

- * Monday—Friday: 7:30AM
- * Saturday: 8AM

Saturday Vigil Masses

- * St. Gertrude's Church: 4:00PM

Sunday Masses

- * Spanish Mass: 9:00AM
- * English Mass: 11:00AM
- * English Mass: 5:00PM

Confessions: Saturday: 3:00PM-4:00PM

Sunday: 30 minutes before all Masses



Celebration of Sacraments

Baptism: Parents may register their child for baptism at the parish office. Please turn in necessary paperwork two (2) weeks prior to class. Baptism Classes will be the 2nd Tuesday of every month. Baptisms are done on the third Sunday of the Month.

Marriage: Contact Parish Priest/Office at least six (6) months before the proposed wedding date.

Anointing of the Sick: Contact the Parish Priest /Office when a parishioner is seriously ill and/or is scheduled for major surgery. Emergency phone-505-835-0199.

Sunday Collection for

January 28, 2024 : \$4,288.00
 (Envelopes: \$3,616.00 Loose: \$672.00)
 # Envelopes used: 109
 Building Fund: \$564.00

Thank you for your generosity! God Bless You!

Altar Society:

February 5, 2024
 Yvonne Montoya/Margie Romero

**DEADLINE FOR THE BULLETIN IS: TUESDAY
AT 12 PM IN WRITING, PLEASE!**

The Annual Catholic Appeal (ACA) is an annual fundraising campaign that supports the parishes, schools, ministries, programs and agencies that serve the educational, physical and spiritual needs of the people of the Archdiocese of Santa Fe. Every year, the Annual Catholic Appeal provides us an opportunity to realize the difference we can make when we act together in God's love. By serving the Lord with gladness, we can see the impact it has on so many lives, including our own. The ministries that rely on the Appeal are wide-ranging and have a direct impact on the Church and our communities throughout the Archdiocese.

Over the next few weeks information will be presented after Mass to help you decide the extent of your participation in support of the ACA goal assigned to St. Gertrude Parish and the overall goal of the Archdiocese.



SATURDAY— February 3

4PM Mass

Celebrant: Fr. Dale

- + Andres, Elivira & Jacintita Martinez /by Geraldine Talk
- + Lucy Vasquez, Maria Alaracon Gomez & Domingo Gomez /by Eufrazio & Norma

SUNDAY—February 4 FOURTH SUNDAY OF ORDINARY TIME

9AM Mass

Celebrant: Fr. Paul

- + Deacon Ray Cordova, Steven Cordova & Gabrielle Cordova
- + Alex Mora /by Ida
- + Benjamin Vasquez /by Evelyn

11AM Mass

Celebrant: Fr. Paul

- + Repose Soul of Thomas McKean /by Michael & Tammy
- + Martin M. Sanchez (1st Anniv) /by Joyce Sanchez & family
- + Benjamin Vigil (B-day) /by Josephine Vigil & family

5PM Mass

Celebrant: Fr. Paul

People of the Parish

- + Martin Sandoval Jr. /by Albert & Frances Martinez
- + Nicomedez & Flora Romero /by John & Liz Romero

Dt 18:15-20 Ps 95:1-2,6-9 1 Cor 7:32-35 Mk 1:21-28

MONDAY— February 5 Saint Agatha, Martyr

7:30AM Mass

- * For Grandma M&M & family /by Laura

1 Kgs 8:1-7,9-13 Ps 132:6-10 Mk 6:53-56

TUESDAY— February 6 Saint Paul Miki and Companions, Martyrs 7:30AM Mass

- * For Grandma M&M & family /by Laura

- + Eugenia Vigil (58 Anniv), Adolfo Gonzales & Gloria Marquez /by Willie & Joann Martinez

1 Kgs 8:22-23,27-30 Ps 84:3-5,10-11 Mk 7:1-13

WEDNESDAY— February 7

7:30AM Mass

- + MaryJo, Derek, Eric, Dominic, & Jonathan /by Family
- * For Grandma M&M & family /by Laura
- + In honor of the Sacred Heart of Jesus for Maria Albina Hurtado /by David & Barbara Kuehl
- + Andres Martinez & Mr. & Mrs. Jessie Barela /by Family

1 Kgs 10:1-10 Ps 37:5-6,30-31,39-40 Mk 7:14-23

THURSDAY— February 8 Saint Jerome Emiliani; Saint Josephine Bakhita, Virgin

7:30AM Mass

- + Charles A. Sanchez * Ivan & Bert Berg /by Virginia Taylor

1 Kgs 11:4-13 Ps 106:3-4,35-37,40 Mk 7:24-30

FRIDAY— February 9

7:30AM Mass

- + Frank L. & Josephine Trambley & Our departed family members /by May & Amy

1 Kgs 11:29-32,12:19 Ps 81:10-15 Mk 7:31-37

SATURDAY— February 10 Saint Scholastica, Virgin

8AM Mass

1 Kgs 12:26-32;13:33-34 Ps 106:6-7,19-22 Mk 8:1-10

SATURDAY— February 10

4PM Mass

Celebrant: Fr. Paul

- + Paul Griego (18th Anniv) /by Clorinda Griego & family
- + Jose F. Gurule (26th Anniv) , Epimania Chavez & Florence Gurule /by Pacheco Family

SUNDAY—February 11 SIXTH SUNDAY OF ORDINARY TIME

9AM Mass

Celebrant: Fr. Dale

- + MaryJo, Derek, Eric, Dominic & Jonathan /by Family
- + Maria Zamora /by Paul Zamora
- * Gabrielle (B-day), Genevieve Strasser & Jack Lazano /by Floyd & Maxine

11AM Mass

Celebrant: Fr. Paul

- * Blessings & Intentions of Floyd, Maxine & Joaquin Maes /by Genevieve Strasser
- + Beatrice Alcon, Cathy Armijo & Vangie Maestas (2nd Anniv) /by Inez
- * Korazon Romero (B-day), Amos Romero & + Loretta Abeyta /by Inez

5PM Mass

Celebrant: Fr. Dale

People of the Parish

- * Special Intention to the Holy Spirit /by John & Liz Romero
- * In honor of Our Lady of Lourdes for Alexis Sorrentino (B-day) /by David & Barbara
- + James, Fermin & Fermin Jr. DeHerrera (Anniv) /by Robert & Liz

1 Kgs 12:26-32;13:33-34 Ps 106:6-7,19-22 Mk 8:1-10

Our Lady of Lourdes Novena

Starts: February 3rd

Ends: February 11th

Ever Immaculate Virgin Mother of Mercy, Health of the sick, refuge of sinners, Comforter of the afflicted, you know my wants, my troubles, my sufferings; look with mercy on me. By appearing to St. Bernadette in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, from where you dispense your favors; and already many sufferers have obtained the cure for their infirmities, both spiritual and corporal.

I Come, therefore, with complete confidence to implore your maternal intercession. Obtain, O loving Mother, the intention of my requests. Through gratitude for your favors, I will endeavor to imitate your virtues, that I may one day share your glory. Amen.

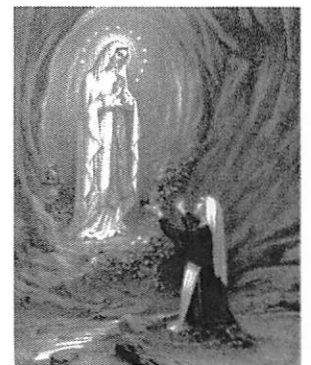
Our Father...

Hail Mary...

Our Lady of Lourdes, pray for us.

St. Bernadette, pray for us.

O Mary, conceived without sin, pray for us who have recourse to thee.



Important Dates coming up...

* **Saturday, February 10th at 10am—**
Our Lady of Lourdes Healing Mass. There will be NO 8am Mass this day.

* **Wednesday, February 14th—**
Ash Wednesday Mass Times are at 7:30am, 12pm & 6pm.

Adoration Chapel: The Chapel is now open 24 hours. Anyone who wants to devote an hour of adoration please contact Deacon Eloy at 505-948-6887.

Cemetery Plots: All plots need to be prearranged by Mission Mayordomos or the Church Office. Also please clean & maintain your family member's plot.

Charitable Giving: Charitable Giving is on Monday's from 10-12 & 1-3pm.

Commodities: The Commodities will be distributed on Tuesday, February 13th.

Legion of Mary: Each of you are invited to grow in your faith. Join the Legion of Mary every Tuesday at 8:50am at the Pastoral Center.

Men's Group: Men's group meets the 1st and 3rd Wednesday of every month at 7pm in the Chapel. *The men's group will meet February 7th!*

The Sacred Heart of Jesus Society will be praying the rosary at 8:30 on the first Sunday of every month.

WINGS: Women in Need of God meets every Friday at 10am in the Pastoral Center.

We Pray for the Repose of the Soul of: Lawrence Trujillo & Gilbert Herman Leyba

Ministry Schedule

February 10th 4:00 pm

Lector: Ann Lewitke

Choir: Nazario Montoya

Server: Haley & Brayden

EU Minister: Deacon Eloy

Mayordomos: William & Monica Romero

February 11th 9am

Lector: Alfredo Gomez

Choir: Leroy Blea/Alex Montoya

Server: Paul, Cristina, & Adult Servers

EU Minister: Joe P. Chavez

Mayordomos: Jason & Loretta DeHerrera

February 11th 11am

Lector: Angela Romero

Choir: San Manuel

Server: Gabriel & Adam

EU Minister: David Rael

Mayordomos: Michael & Tammy Alexander

February 11th 5pm

Lector: Tim Hagaman

Choir:

Server: Evan & Vicente

EU Minister: Deacon Clarence

Mayordomos: Garrick & Jessica Martinez

Religious Education

Elementary Religious Education: The next class will be on Tuesday, February 6th.

Confirmation I and II: The next class will be on February 4th. Confirmation make-up Classes will be on Wednesdays from 4:30-5:30pm.

Confirmation Mass will be 4/30/24 at 6:30pm at Our Lady of Sorrows Parish in Las Vegas, NM

R.C.I.A. Next class will be on February 6th, 2024.

Searching for Stories of the SOLT Founders

ATTENTION!!!

We're searching for any **stories** about **Fr. Jim Flannigan** and **Fr. John McHugh**. If you have a story of either priest that you would like to share with us, please contact Lorenzo Chavez at 505-382-9225 to schedule a time to talk. The stories can be of any nature (ie: spiritual, educational, funny moments and/or stories past down)



Bible Study!!!



Bible Study

Fr. Dale will be having a weekly bible study on Wednesdays at 9am and at 6pm in the Church. The bible study will start on Wednesday, February 21st. It is opened for everyone who would like to attend.

"Gospel of St. John"

2023 Annual Catholic Appeal (ACA)

Update:

St. Gertrude Goal: \$12,500.00

Pledged to date: \$15,140.00

Paid as of 12/31/23: \$15,180.00

of Participating Families: 64

We would like to thank our faithful parishioners for your generosity in meeting & exceeding our goal for 2023. The excess amount will be returned to the Parish.



The Legion of Mary will have its Book Borrow the weekend of February 11th. Please stop by and get materials to deepen your faith and help your Lenten Journey.

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 ~ Jeremiah 1:5

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Prayer List







Natasha Abeyta, Nessa Abeyta, Robert Abbott, Michael Alexander, Patsy Aguilar, Cornelio Aragon, Felix Archuleta, Ron Archuleta, Teresita Archuleta, Frances Aragon, Fabiola Archuleta, Robert Archuleta, Isaac Avilucia, Marciana Baca, Catalicia Barr, Carlos Barboa, Clara Bartlett, Bert Berg, Angela Berry, Jesse D. Bommersbach, Paul Bunker, Aaliyah Bustos, Salomon Bustos, Benito CdeBaca, Evangelina Casaus, Benita Casias, Leroy Chavez, Ernestine Coleman, Theodora Cordova, Jose Olmedo Cruz, Priscilla Cruz, Liz DeHerrera, Annie Delling, Fr. Dennis Dolter, Anthony Charles Dominguez, Geraldine Dominguez, Malachi Dominguez, Oscar Roy Doster, Isaac Duran, Jeremiah Duran, Ulysses Duran, Patsy Duran, Jacob Espinoza, Johnny Espinoza, Jennie Fresquez, Lisa Gallegos, Christine Garcia, Pearl Garcia, Juanita Gomez, Tom Gonzales, Walter Gonzales, Brayden Graston, Bridget Griego, Derrick Griego, MaryAnn Griego, Gwen Gurule, Olivama Gutierrez, Suzanne Hatch, Elaine Herrera, Eddie Holguin, Andy Jaramillo, Emilia Jaramillo, Pedro Jaramillo, James Johnson, Connie Krusemark, Eva Sophia Labrado, Isaiah Lovato, Michael Lovato, Angie Lucero, Lawrence Lucero Jr., Arjay Lujan, Lynn Lujan, Rosemary Lujan, Arthur and Angie Madrid, Debbie Maes, Ramona Maldonado, Patricia Mascareñas, Lucy Mares, Albert Martinez, Angie Martinez, Beatrice Martinez, James Martinez, Jennifer E. Martinez, Lucille Martinez, Pat Martinez, Shallama Martinez, Frank Medina, Barbara Merkel, Barry Merkel Jr., Dakota Miller, Loretta Molinar, Ben Montoya, Leo Montoya, Mary Osuchowski, Cathy Pacheco, Gina Pacheco, Michael D. Padilla, Janeth Quinonez, Johnny Quinonez, Monica Quintana, Erica Ramirez, Marilee Rivas, Genevieve Rivera, Gloria Rodriguez, Edulia M. Romero, Angie Romero, Annabelle Romero, Denise Romero, Emelia Romero, Jerry Romero, Joseph Romero, Katie Romero, Manuel Romero, Margaret Romero, Sammy "Tati" Romero, Alice Romo, Jack Rousseau, Deacon Eloy Roybal, Irvin Salcido, Evelyn Sanchez, Fernando Sanchez, Gabriel Sanchez, Mary Ann Sanchez, Bill Shomaker, Lucia Sisneros, Shanna Sorrentino, Connie Thornburg, Juan Torres, Praxedes Trambley II, Anthony Trujillo, Arnold Trujillo, Benancio Trujillo, Benjamin Trujillo, Florence & Michael Trujillo, Ruby Trujillo, Larry Valdez, Nellie Valdez, Marian Valles, Audra Vigil, Jeri Lynn Warren, Karen White, Ruth Valencia, Gabriel Van Fleet, Alice Vasquez, Florentino Vasquez, Eufrazio Vigil, Jessie Vigil, Jose Lorenzo Vigil, Josephine Vigil, Robert J. Vigil, Robert Warren, Mary Williams, Angela Witte

Pray for the people on our parish prayer list.

ST. GERTRUDE THE GREAT LENTEN CALENDAR 2024

Confessions	Confessions available 30 minutes before Sunday Masses. Saturdays from 3:30pm-4:00pm	
Mass Times	4:00pm on Saturdays 9:00am (Spanish), 11:00am & 5:00pm on Sundays	
Wednesday, February 14th	 Ash Wednesday Day of Fast and Abstinence from meat.	<ul style="list-style-type: none"> ◆ 7:30am Mass ◆ 12:00pm Mass ◆ 6:00pm Mass
Friday, February 16th	Mass Followed by Stations of the Cross Day of Abstinence from meat.	6:00pm Mass, Church 6:30pm Stations of the Cross
Friday, February 23rd	Mass Followed by Stations of the Cross Day of Abstinence from meat.	6:00pm Mass, Church 6:30pm Stations of the Cross
Friday, March 1st	Mass Followed by Stations of the Cross Day of Abstinence from meat.	6:00pm Mass, Church 6:30pm Stations of the Cross
March 2nd—5th	Lenten Retreat Fr. Jim Blount, SOLT	Theme: The Horror of Sin; The Joy of Holiness; The Glory of God
Friday, March 8th	Mass Followed by Stations of the Cross Day of Abstinence from meat.	6:00pm Mass, Church 6:30pm Stations of the Cross
Monday, March 11th	Novena to St. Joseph Begins	
Friday, March 15th	Mass Followed by Stations of the Cross Day of Abstinence from meat.	6:00pm Mass, Church 6:30pm Stations of the Cross
Monday, March 19th	Feast of St. Joseph Begins	7:30am & 6:00pm Mass, Church
Thursday, March 21st	Chrism Mass	 5:30pm Mass The Cathedral Basilica of St. Francis of Assisi
Friday, March 22nd	Mass Followed by Stations of the Cross Day of Abstinence from meat.	6:00pm Mass, Church 6:30pm Stations of the Cross

HOLY WEEK 2024

<p>Saturday Vigil, March 23rd Sunday, March 24th</p>	<p style="text-align: center;">Palm Sunday The Passion of the Lord</p> <p style="text-align: center;"><i>Palm Sunday</i> </p>	<p style="text-align: center;">Mass Times Saturday Vigil Mass: 4 pm Sunday: 9am, 11am, & 5pm</p>
<p style="text-align: center;"> Thursday, March 28th</p>	<p style="text-align: center;">Holy Thursday Institution of the Eucharist & the Priesthood</p> <p style="text-align: center;">Washing of the Feet</p> <p style="text-align: right;"></p>	<p style="text-align: center;">7:00pm Mass Church</p> <p style="text-align: center;">Adoration from close of Mass until Midnight</p>
<p style="text-align: center;">Friday, March 29th</p>	<p style="text-align: center;">Good Friday Passion of the Lord</p> <p style="text-align: center;"></p>	<p>Good Friday Walk (starting in Chacon and ending at the Church at 3pm followed by the Liturgy of the Lord's Passion) Bus leaves at 4am.</p> <p>1:30pm - Stations of the Cross 2:15pm - Divine Mercy Chaplet *The Beginning of the Divine Mercy Novena* 3:00pm - Liturgy of the Lord's Passion/Church</p>
<p style="text-align: center;">Saturday, March 30th</p>	<p style="text-align: center;"> Easter Vigil</p>	<p style="text-align: center;">9:00pm Vigil Mass with Baptisms, First Holy Communions & Confirmations Church</p>
<p style="text-align: center;">Sunday, March 31st</p> <p style="text-align: left;"></p>	<p style="text-align: center;">Easter Sunday Resurrection of Our Lord</p>	<p style="text-align: center;">9:00am Mass 11:00am Mass NO 5pm Mass</p>
<p style="text-align: center;">Sunday, April 7th</p>	<p style="text-align: center;">Divine Mercy Sunday</p>	<p style="text-align: center;">3:00pm Exposition</p> <ul style="list-style-type: none"> • Adoration • Confessions • Finishing of the Divine Mercy Novena/Church

Growing in FAITH™

Discovering hope and joy in the Catholic faith.

February 2024

St. Gertrude the Great Catholic Church
 Father Dale Craig, S.O.L.T., Pastor

One Minute Meditations

St. Josephine Bakhita

Born in Darfur, Sudan around 1869, she was kidnapped and sold into slavery. Her captors gave her the name Bakhita, meaning "fortunate." After several years of serving under cruel masters, she was bought by Augusto Michieli. The Michielis sent Bakhita with their daughter to Italy, where Bakhita encountered Catholicism. Overjoyed, she was baptized and took the name Josephine. In 1893, instead of returning to Africa with the Michielis, she entered the Institute of St. Magdalene of Canossa.



The moment of truth

Conversion begins when we accept responsibility for our failures. Lent is an opportunity to stop and take a good look at our lives. Identify all the ways that sin keeps you from living the way Jesus taught us to live. Know that it may take courage to face your shortfalls.

"Apart from the cross, there is no other ladder by which we may get to heaven." St. Rose of Lima

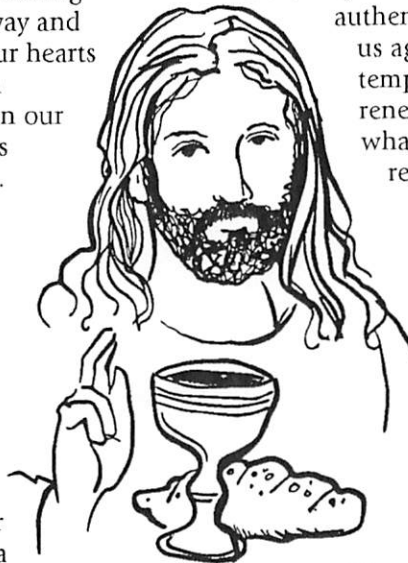


Deepen the connection to Christ during Lent

The key to a fruitful Lent is not to perform miserable penances. A good Lent hinges on encountering Christ in a personal way and letting Him change our hearts and minds. In fact, an effective way to deepen our encounter with Him is through the Eucharist. Consider these suggestions:

"Here I am, Lord. Love me!" Mother Teresa told her sisters to start their chapel time with this bold prayer, "Here I am, Lord. Love me!" No matter whether you are in His Presence for Mass, a holy hour, or a quick visit in front of the Blessed Sacrament, begin with, "Here I am, Lord. Love me!" It's a prayer of faith God delights to answer. Live for the next Communion.

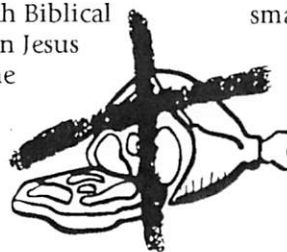
Every Communion deepens our union with God, strengthens our faith, helps us love more authentically, and immunizes us against future temptations. Each week, renew your resolve to do whatever is needed to receive Jesus well. For example, avoid activity or entertainment that tempts you away from God, and if you sin seriously, immediately go to Confession and start anew. Invite others to the feast. Invite a friend, neighbor or colleague to Mass or Adoration with you. Pray for priests to stay close to the Eucharist. Most importantly, pray that more people come to faithfully encounter Jesus in the tabernacle.



Why Do Catholics Do That?

Why do Catholics have to fast on Ash Wednesday?

Fasting is a practice with Biblical roots, most notably, when Jesus fasted for forty days in the desert. Those in good health, aged 18-59, are required to fast on Ash Wednesday and Good Friday. We're permitted one full meal and two



smaller meals that together don't equal the full meal. This includes abstaining from meat. Fasting expresses our recognition that we've sinned and desire to make amends. It purifies our hearts and frees them to love God and others well.

Pope Francis's three-point approach to Confession

Instead of dreading seeking the Sacrament of Penance and Reconciliation (Confession), Pope Francis suggested we look at it as "the Sacrament of the tenderness of God, His way of embracing us." Follow the pope's three-point approach to the Sacrament:

What's my intention? Rather than an obligation, consider the Sacrament a fresh start. Firmly resolve, from this moment forward, to give up the activities or behaviors that separate you from God. The firm resolution to change is key to receiving absolution effectively.

Are there loose ends? Unconfessed sin creates



distance between us and God. Make sure you have not withheld mortal sins in prior Confessions, either intentionally or accidentally. If you become aware that you have, confess them and leave the confessional a new man or woman.

Have I completed the assigned penance? The Sacrament is meant to change us. Purposefully make amends and continue your resolutions to realign your life to the Gospel.

Seeking Reconciliation often and staying in a state of grace helps us become holier people of God.

from Scripture

Mark 9:2-10, Heavenly glory, not worldly power

In Jesus' time, Israel was occupied by the Romans. The Israelites already had a long history of being attacked and conquered by other nations. The Jews dreamed of the day when the Messiah would set them free and make them the victors.

God had set up Moses as liberator and lawgiver, and sent them Elijah, the first of the great prophets who foretold Christ's coming. So when Jesus was transfigured in glory with Moses and Elijah, the Apostles assumed that God was revealing Jesus as the Messiah.

Moses and Elijah spoke with Jesus about His death and Resurrection.

Jesus warned His disciples that He would suffer and die (Mark 8:31). While many Jews were expecting the Messiah to overthrow the Romans and make Himself king,

God revealed that the Messiah would save His people by His own death and Resurrection.



The Transfiguration was meant to strengthen the faith of the Apostles and prepare them for the Passion. The Transfiguration reminds us that however difficult this life may be there is unimaginable glory that awaits us in Heaven.

Q & A Why should we "offer it up"?

When tempted to complain about suffering, we may be encouraged to "offer it up" instead. This act of surrender carries incredible spiritual power.

A share in Christ's Cross. Because Jesus is God, His suffering and sacrifice have infinite value. When we unite even our



small sufferings to Jesus' suffering, it takes on an infinite value in helping Him to save souls.

Spiritual "strength training." When we offer our sufferings to God, He is able to work on our hearts. Suffering for others helps us to become less selfish and more compassionate, less hard-hearted and more patient, less self-indulgent and more generous. Our hearts emerge more Christ-like, and better able to love.

Prudence is needed. Under most circumstances, encouragement to "offer it up" works as a spiritual discipline for inconveniences or mild suffering. Sometimes, however, remediation or professional help may be needed. God sees the sincerity of our love so we can still offer our suffering to Him and yet take constructive action to remediate whatever is causing the suffering. Be prudent.

Feasts & Celebrations

February 3 – St. Blaise (316). A bishop in fourth-century Turkey, St. Blaise was arrested for being a Christian. On his way to jail, he healed a young boy choking on a fish bone. Refusing to deny his faith, the bishop was martyred.

February 11 – Our Lady of Lourdes (1858). A heavenly lady appeared to St. Bernadette Soubirous, a poor girl from a French village, and a spring with miraculous, healing waters emerged from a nearby cave. The lady revealed herself as the "Immaculate

Conception," the Blessed Virgin Mary.

February 14 – Ash Wednesday. The first day of Lent. Ashes of old palms are placed on the forehead as a sign of penance. It's also a day of abstinence from meat and fasting – one regular meal and two small meals that together don't equal a full meal.

February 22 – The Chair of St. Peter. Marking St. Peter's establishment of the Holy See, on this festival we thank God for His Church and pray for its holy preservation.



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